

# Senior Activities

## Mondays:

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- **Ta'i Chi Chih: 10:00am - 11:00am**  
Incorporates movement of the body to improve your health and energy.
- **Book Club: (Ms. Cathy): 12:00pm – 1:00pm**  
**(Note: First & Last Monday of the month)**  
Come and join in reading outstanding books and having intriguing discussions with one of the head program directors. You don't want to miss out!

## Tuesdays:

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- **Scrabble: 10:00am – 2:30pm**  
An outstanding game that helps you learn new fascinating words and strategies from this fun strategic game.
- **Mahjong: 10:00am – 2:30pm**  
This style of Chinese game is played with tiles but has similarities to the card game rummy and is played with four people and 144 tiles.

## Thursdays:

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- **Art: 10:00am – 2:30pm**  
Groups meet and our artists bring their own supplies and enjoy the sunshine through our windows while they paint and socialize.
- **Dominoes: 10:00am – 2:30pm**  
Are enjoyed by a large group of our seniors as dominoes is a fun and easy-to-learn game that can be enjoyed by everyone.

## Fridays:

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- **Bingo: 10:00am – 11:30am**  
Bingo is played each Friday before lunch is served and prizes are rewarded to the winners of each round.
- **Lunch: 12:00pm – 12:30pm**  
Lunch is provided by Catholic Community Services each Friday.
- **Pinochle: 12:30pm – 3:00pm**  
Is a fast-paced game but easy to learn the style of the game of tricks to score points by forming a combination of cards.

# SENIOR'S APRIL 2022 EVENT CALENDAR

MONDAY`	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NATIONAL AUTISM AWARENESS MONTH</p> <p>NATIONAL CHILD ABUSE PREVENTION MONTH</p>	<p>Community Connection place has rented a garden box for our seniors to use throughout this year. If you are interested in this group, please sign up with administration.</p>		<p>1</p> <p>BINGO 10-11:30 AM CCS LUNCH 12:00-12:30 PM PINOCHLE 12:30-3:00 PM <b>APRIL FOOL'S DAY!</b></p>
<p>4</p> <p>TAICHI 10:00-11:00 AM</p>	<p>5</p> <p>SCRABBLE 10:00-2:30 PM</p> <p>MAHJONG 10:00-2:30 PM</p>	<p>6</p> 	<p>7</p> <p>ART &amp; DOMINOES 10:00-2:30 PM</p>	<p>8</p> <p>BINGO 10-11:30 AM CCS LUNCH 12:00 12:30 PM PINOCHLE 12:30-3:00 PM</p>
<p>11</p> <p><b>NEW BOOK CLUB 12-1 PM</b></p> <p>TAICHI 10:00-11:00 AM</p>	<p>12</p> <p>SCRABBLE 10:00-2:30 PM</p> <p>MAHJONG 10:00-2:30 PM</p>	<p>13</p> <p><i>"What a strange thing! to be alive beneath cherry blossoms." – Kobayashi Issa</i></p>	<p>14</p> <p>ART &amp; DOMINOES 10:00-2:30 PM</p>	<p>15</p> <p>BINGO 10:00-11:30 AM CCS LUNCH 12-12:30 PM PINOCHLE 12:30-3:00 PM GOOD FRIDAY PASSOVER BEGINS</p>
<p>18</p> <p>TAICHI 10:00-11:00 AM</p> <p><b>USER GROUP MEETING 1:00-2:00 PM</b></p>	<p>19</p> <p>SCRABBLE 10:00-2:30 PM</p> <p>MAHJONG 10:00-2:30 PM</p>	<p>20</p> <p>SPRNG FESTIVAL @ MERCY HOUSING 10 AM – 12 PM 1709 S G ST, TACOMA WA 98405 253-627-1516 MERCYHOUSING.ORG</p>	<p>21</p> <p>ART &amp; DOMINOES 10:00-2:30 PM</p>	<p>22</p> <p>BINGO 10-11:30 AM CCS LUNCH 12-12:30 PM PINOCHLE 12:30-3:00 PM <b>EARTH DAY!</b></p>
<p>25</p> <p><b>NEW BOOK CLUB 12-1 PM</b></p> <p>TAICHI 10:00-11:00 AM</p>	<p>26</p> <p>SCRABBLE 10:00-2:30 PM</p> <p>MAHJONG 10:00-2:30 PM</p>	<p>27</p> <p><i>"Spring is nature's way of saying, 'Let's party!'" – Robin Williams"</i></p>	<p>28</p> <p>ART &amp; DOMINOES 10:00-2:30 PM</p>	<p>29</p> <p>BINGO 10-11:30 AM CCS LUNCH 12-12:30 PM PINOCHLE 12:30-3:00 PM</p>

APRIL 17<sup>TH</sup>: EASTER!

WELCOME SPRING AND EASTER BLESSINGS